

Hey you young parishioner!

Welcome to the **Confirmation Preparatory class!** ☀️

This is a unique opportunity to grow in faith, learn new things and get to know other Catholic youth of the same age. The course will prepare you to receive the **Sacrament of Confirmation**, where you will receive a very special gift from the Holy Spirit. The Spirit of the Lord may fill your heart completely.

Confirmation is not just a Catholic cultural tradition, but a significant step towards adult faith. The course gives you time to reflect on what faith means to you personally, what it means to follow Jesus, and what gifts God has in store for you.

During the course

- ✓ we talk about life, faith and the Holy Spirit
- ✓ we spend time together – including snacks 🍕🥤
- ✓ we prepare to receive a great gift: the sacrament of confirmation
- ✓ you don't have to be a "super believer" – it's enough that you come as you are and participate regularly in the course sessions, masses on Sundays and on the holy days of obligation, and do your homework!

The course begins on Saturday, 26th September, 2026 at 10 AM in the parish hall of the St. Mary's Church (Mäntytie 2, Helsinki). **You can register using the QR code!** Here are the dates:



Course dates (course in English): Saturdays from 10 am till 1.30 pm

26.9.2026	23.1.2027	15.5.2027
24.10.2026	6.2.2027	11.9.2027
21.11.2026	20.3.2027	Confirmation in the Autumn
19.12.2026	17.4.2027	2027

You can find more info in the letter sent to your parents!

If you are wondering whether you should come – the answer is yes! We want *you* to join us.

See you soon!

Welcome to the adventure of faith! ✨

Regards, the teachers of the confirmation class in English,

Antony and Kateri